



To: All New Resident Students
Re: Health-Related Items to Bring to Campus

All students:

Ace bandage
Antibiotic cream
Band-Aids
Cold medicine
Cough medicine
Gatorade
Hand sanitizer
Health insurance card
Hydrocortisone cream
Pepto-Bismol
Reusable hot/cold pack
Scissors without pointed tip
Thermometer
Throat lozenges
Tweezers
Tylenol/ibuprofen/Advil/Motrin, etc.

Students with asthma – *please bring:*

Nebulizer
Inhaler
Peak flow meter

Students with life-threatening allergies- *please bring:*

2 epi pens: one to carry with you at all times, and one for your residence hall room as back-up

Students with any prescription medication – *please bring:*

Prescription medication (labeled) with a metal lock box for storage. (Exception: prescription medication that must be refrigerated, such as insulin, or any medication that must be carried with you such as epi pen or inhalers, etc.)